JISMONIY TARBIYA VA SPORT MASHGULOTLARIDA KASBIY KOMPETENTSIYAGA ASOSLANGAN YONDASHUV

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ANNOTATSIYA

Maqolada maktab o‘qituvchisining jismoniy tarbiya va sport mashgulotlarida kasbiy kompetentsiyaga asoslangan yondashuvi asoslab beriladi, ushbu yondashuvni nazariy asoslarini ochib beradi va uning samaradorligini sinab ko‘rish uchun eksperimental ma’lumotlar keltiriladi.

Kalit so‘zlar: Kasbiy kompetentsiyaga asoslangan yondashuv, maktab, o‘qituvchi, autogen, o‘rta ta’lim, professional, mezon.

PROFESSIONAL COMPETENCE-BASED APPROACH IN PHYSICAL EDUCATION AND SPORTS

ABSTRACT

The article substantiates the school teacher's approach to physical education and sports based on professional competence, reveals the theoretical basis of this approach, and provides experimental data to test its effectiveness.

Keywords: professional competency-based approach, school, teacher, autogenic, secondary education, professional, criteria.