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DEVELOPMENT OF PHYSICAL CULTURE IN THE GENERAL SYSTEM OF UPBRINGING OF PRESCHOOL CHILDREN

Kudratullo Nematulayevich Urinbayev
Teacher of the Department of Interfaculty Physical Culture and Sports
Faculty of Physical Culture, Andizhan State University

ABSTRACT

This article examines the development of physical culture in the general system of upbringing of preschool children. Since the correct physical education of children is one of the leading tasks of preschool institutions. Since good health obtained in preschool age is the foundation of the general development of a person.

Keywords: education, health, development, physical education, patterns, formation.