ISSN: 2181-1385
Scientific Journal Impact Factor (SJIF) 2021: 5.723
DOI: 10.24411/2181-1385-2021-00299

IMMUNITY OF SWIMMERS IN THE CONDITIONS OF MODERN TRAINING

A. I. Geyger
Uzbekistan State University of Physical Culture and Sports

ABSTRACT

Practical interest is the problem of tracing the stability of the detected changes in immunological reactivity during training cycles with different intensity and volume of loads.

Keywords: immunity, swimmers, load, conditions, training, stability.