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THE FORMATION OF GENERAL CULTURAL ATTITUDES TOWARDS THE ENVIRONMENT AMONG STUDENTS AS A FACTOR IN THE DEVELOPMENT OF A HEALTHY LIFESTYLE

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ABSTRACT

This article examines the formation of general cultural attitudes towards the environment among students as a factor in the development of a healthy lifestyle. Since the formation of a respectful attitude to the environment is an integral part of spiritual and educational activities. It also promotes a healthy lifestyle in the most effective way.

Keywords: healthy lifestyle, environment, natural science foundations, physical education, formation, development