ISSN: 2181-1385
Scientific Journal Impact Factor (SJIF) 2020: 4.804

FOLK GAMES AS A MEANS OF CHILDREN'S DEVELOPMENT IN PHYSICAL EDUCATION LESSONS

Abdukayum Abdulkhayevich Abdullayev
Associate Professor, Head of the Department, Chirchik State Pedagogical Institute, Uzbekistan

ABSTRACT

In this article discusses the folk games as means of development of children at physical training lessons. Because right ‘switch’ elements of games in the process of physical education is actively promoting the harmonious development and physical fitness of students.

Keywords: folk games, teacher, physical education, lesson, development, formation.